

ENERGY MEDICINE

With Jana Messing, MA

Certified Eden Energy Medicine Practitioner

Feel more alive, think more clearly and boost your immune system!



March 14th:

9:00am to 4:00pm

Cost: \$50

Bring a yoga mat or pad for floor work.

Lunch on our own.

Energy Medicine will improve your health and happiness through specific techniques and exercises...simple and within your own power!****

Jana Messing will show you how to “Energy Test”, correct energies of your body that are out of balance and teach techniques to use for relief of pain and stress.

Based in Donna Eden’s system of Energy Medicine, this workshop will give you tools and knowledge to create healthier energy patterns for yourself, and others!

To Register Call: 850-544-3444 or 816-838-7520

Abundance Wellness Center

325 John Knox Bldg T, Ste. 1

Tallahassee, FL